

November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Open Rec 3p-9p Open Climbing 3p-7p	2 Open Rec 6a-9a Open Rec 11a-2p Open Rec 7p-11p	3 Open Rec 6a-11a Track/Cardio 11a-2p Open Rec 7p-11p	4 Open Rec 6a-9a Open Rec 11a-2p Open Rec 7p-11p	5 Open Rec 6a-11a Track/Cardio 11a-2p Open Rec 7p-11p	6 Open Rec 6a-2p Open Rec 7p-9p	7 Open Rec 12p-6p
8 Open Rec 3p-9p Open Climbing 3p-7p	9 Open Rec 6a-9a Open Rec 11a-2p Open Rec 7p-11p	10 Open Rec 6a-11a Track/Cardio 11a-2p Open Rec 7p-11p	11 Open Rec 6a-9a Open Rec 11a-2p Open Rec 7p-11p	12 Open Rec 6a-11a Track/Cardio 11a-2p Open Rec 7p-11p	13 Open Rec 6a-2p Open Rec 7p-9p	14 CLOSED HOME FOOTBALL
15 Open Rec 3p-9p Open Climbing 3p-7p	16 Open Rec 6a-9a Open Rec 11a-2p Open Rec 7p-11p	17 Open Rec 6a-11a Track/Cardio 11a-2p Open Rec 7p-11p	18 Open Rec 6a-9a Open Rec 11a-2p Open Rec 7p-11p	19 Open Rec 6a-11a Track/Cardio 11a-2p Open Rec 7p-11p	20 Open Rec 6a-2p Open Rec 7p-9p	21 Open Rec 12p-6p
22 Open Rec 3p-9p Open Climbing 3p-7p	23 Open Rec 6a-9a Open Rec 11a-2p Open Rec 7p-11p	24 Open Rec 6a-11a Track/Cardio 11a-2p Open Rec 7p-11p	25 Open Rec 6a-9a Open Rec 11a-2p Open Rec 7p-11p	26 Closed Thanksgiving	27 Open Rec 7a-9p Open Skating 1P-2:30P	28 Open Rec 12p-6p
29 Open Rec 3p-9p	30 Open Rec 6a-9a Open Rec 11a-2p Open Rec 7p-11p					

Please note: Open Rec times include basketball, volleyball, tennis, walk/jog, and usage of the stairmasters, treadmills and stationary bikes. Walk/Jog only is not Open Rec time, but does allow for walkers and joggers to use the facility. Track is limited during climbing wall use. This schedule is subject to change without notice. Use of the tennis and volleyball courts must be reserved at the front desk in advance. The courts may be reserved in one hour sessions during most Open Rec times. Thank you. Rec and Sports Facilities 715-425-4289 or www.uwrf.edu/knowles